

So, you've decided that one of our American Health Communities is a great fit for your loved one. We're so excited to have you! You may be wondering what types of things your loved one will need to be comfortable and happy. We have compiled a checklist of things to make packing a breeze and position you and your family for a successful transition.

- Personal Identification and Documentation
 - Photo ID
 - Health Insurance Cards
 - Medicare/Medicaid Information
 - Advance Directives
 - Social Security Card
 - Any other necessary legal documents
- Clothing and Personal Items
 - Comfortable clothes (Only for the current season – there will be plenty of opportunities to swap clothes out!)
 - Non-slip slippers or shoes with a good grip
 - Coats and jackets (lightweight for warmer months, heavier for cooler months)
 - Personal toiletries (toothbrush, toothpaste, soap, shampoo, deodorant, etc.)
 - Hairbrush/comb, hair ties, and any hair care products
 - Glasses, hearing aids, dentures, or other assistive devices
 - Religious or spiritual items if desired
 - Favorite bedding, pillows, and blankets
 - Leisure items (books, puzzles, knitting, etc.)
- Medical and Health Supplies
 - Prescription medications (clearly labeled with instructions)
 - Over-the-counter medications (pain relievers, antacids, etc.)
 - Medical equipment (walker, cane, wheelchair, etc.)
 - Medical records, including physician contact information
 - Allergy and medical alert information
- Entertainment and Communication
 - Mobile phone and charger
 - Laptop or tablet if desired
 - Chargers for electronic devices
 - Address book of important contacts
 - Stationery and stamps for writing letters
- Miscellaneous Items
 - Snacks and non-perishable foods
 - Cash or small amount of money for incidentals
 - Reusable water bottle
 - Comfort items (photos, mementos, favorite items from home)

Our nursing staff is here to assist with resident's needs, so communicating with them and asking for guidance is always a good idea. We're happy to talk through your loved one's unique needs to ensure their satisfaction upon arrival.